



**CENTRE FOR INNOVATION IN PEER SUPPORT**

## **Preparing for Employment & Peer Support Certification:**

### **A Reflective Practice & Readiness Toolkit**

**PREPARING FOR CERTIFICATION WORKSHEET**

## Preparing for Certification

### Purpose

This self-reflection tool is designed to support your understanding of Peer Support Canada's National Certification Standards and your readiness to begin the certification process. It invites you to reflect on your readiness to demonstrate your competencies through self-assessment, references, and the scenario-based panel interview. Focus on what feels meaningful—this is a personal reflection process, not a test.

### Reminder

The Competency Standard is demonstrated through how you show up—in relationships, in real situations, and in your ability to reflect on your practice. Certification is not about being perfect. It is about:

- Applying peer support values and skills in real ways
- Demonstrating self-awareness and reflection
- Showing openness to feedback, learning, and growth

Readiness means being able to speak to your experiences honestly and thoughtfully, and to continue developing in your role as a peer supporter.

### Self-Reflection Questions:

1. Why am I pursuing Peer Support Canada certification right now, and what motivates me?

2. How can I clearly demonstrate these standards in written responses?
3. What examples show my skills, knowledge, and experience as a peer supporter?
4. How can I communicate my readiness for the role?
5. How open am I to feedback, growth, and learning—especially if I encounter challenges or setbacks?

## Personal Learning Plan

**My Strengths:** Which areas of peer support practice feel most natural to me?

**Areas of Growth:** Which standards do I want to strengthen?

### Next Steps

Additional Trainings

Supervision Goals

Peer Mentorship

Practice Opportunities

Certification Timeline

### Target Date for Employment or Certification

I am ready

I am preparing for  
the next 6 months

I am preparing  
for next year

What do I need to be successful?

Who is in my network within the peer support community that I can access for support?

Name

Phone/email

Name

Phone/email

Name

Phone/email