



CENTRE FOR INNOVATION IN PEER SUPPORT

Preparing for Employment & Peer Support Certification:

A Reflective Practice & Readiness Toolkit

CODE OF CONDUCT & ETHICAL PRACTICE WORKSHEET

Purpose:

This tool is designed to support your reflection on Peer Support Canada's National Certification Handbook and the Practice Standards. This worksheet invites you to explore how your lived or living experience, values, knowledge, skills, and practice align with the National Practice Standards and Peer Support Canada certification process and employment readiness. Use what feels meaningful—this is a personal reflection tool.

Reference: [Peer Support Canada \(2023\). National Peer Support Certification Handbook](#)

Code of Conduct & Ethical Practice

- **Code of Conduct:** Reflect on how your practice aligns with ethical and professional expectations.

Reminder

The Code of Conduct is rooted in the core values of peer support and reflects a commitment to ethical, respectful, and safe practice. Demonstrating alignment is about reflection, accountability, and a commitment to act in accordance with these expectations in all peer support work.

Self-Reflection Questions:

1. How do I demonstrate ethical practice and integrity?

2. How do I respect diversity, rights, and personal values?

3. How do I maintain boundaries and confidentiality?

4. How do I respond to situations involving risk or harm?

5. How do I ensure my actions do not cause harm or take advantage of relationships?

Peer Support Practice Applied Skills Worksheet

Code of Conduct & Ethical Practice

Scenario:

While reviewing information sent to your team, you realize that you have received confidential information about a peer that was not intended for you to access. The information includes personal details that the peer has not shared with you directly. You are aware of the information but want to ensure that your actions remain consistent with peer support values, confidentiality expectations, and the trust at the centre of the relationship.

1. How would you navigate the tension between knowing information about a peer and recognizing that they did not choose to share it with you?
2. What role does trust play in situations involving confidentiality and privacy within peer support relationships?
3. How can peer support workers demonstrate integrity and accountability when confidentiality concerns arise?

