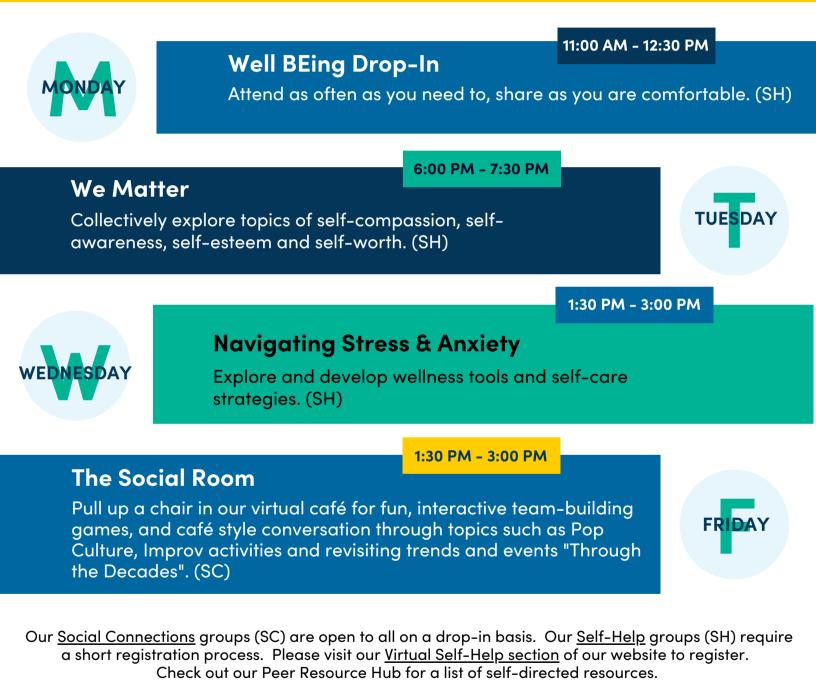


FALL 2024

VIRTUAL GROUPS SCHEDULE

As Support House repositions its programming post pandemic the Centre team will be facilitating community groups within Halton shelters and Support House's congregate living spaces on Mondays and Thursdays. We appreciate your understanding and continued support.



Centre for Innovation in Peer Support's virtual groups are open to anyone age 16 and up, free of charge!

For other peer support group options please check out some of our community partners: CMHA Halton Region Branch: <u>https://halton.cmha.ca/peer-support/</u> Stride: <u>https://stride.on.ca/adults</u>