

Trauma-informed/Harm Reduction community outreach to unsheltered/unhoused individuals or individuals at immediate risk of becoming unsheltered with mental health and substance use concerns.

CRITERIA

People experiencing significant mental health and substance use concerns, that are unhoused/unsheltered.

WHY REFER?

- Complex mental health/substance use situations.
- Person could benefit from wrap around supports.
- Person is not interested in discussing/disclosing mental health and substance use concerns.

HOW WE SUPPORT

- Develop crisis plans and provide resources for immediate concerns.
- Develop unified care plans to create circle of care (including MH & A and primary care.)
- Provide harm reduction supports/resources.
- Peer connection.
- Supportive goal planning.
- Supportive counselling.
- Warm transfer to MH & A supportive housing.
- Continued support in community until well connected.
- Assist with housing search if requested by lead agency.

If you feel our team should be involved please email **BOTH** of the below email addresses:

SHRT@supporthouse.ca halton@housinghelpcentre.ca

