

**CENTRE FOR INNOVATION IN PEER SUPPORT**

# **Connecting to Community Resources**

**Support  
House**



Centre for  
Innovation in  
Peer Support

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# How to Use This Resource

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## Acknowledgements

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# Connecting to Community Resources

As stated in the *Values in Action*, Peer Supporters share about community resources and learning opportunities. At any stage in our relationships peers may connect with our program and then subsequently identify alternate goals/needs that we do not offer.

When goals present an opportunity to connect with community partnered agencies and/or other internal programs, a connection can be facilitated through various means depending on the wishes of our peer and the procedures of the agency. The most helpful strategies will come from dialogue with the peer and will reflect their expressed wishes and needs.

## Resource Sharing

Share information about the resources we are aware of or researching resources with our peers.

## Referrals

Filling out referral forms or providing contact information for agencies to follow-up with our peer.

## Warm Transfers

Supporting our peers through the referral process by connecting them directly with a support. This includes a supportive introduction with the other support, yourself, and the peer. Follow up with your peer to determine their comfort with proceeding with the new support.

### What a warm transfer could look like:

- Attending a group with a peer
- Being present during a peer's first meeting with another support service
- Supporting the peer to communicate their needs and goals during a first meeting
- Sending an introductory email with the peer included
- Being present during the first interaction between the peer and additional support
- Being present for the first interaction, supporting the peer to communicate their goals

## **ADDITIONAL RESOURCES TO EXPLORE**

### **Centre for Innovation in Peer Support's Provincial Systems Virtual Learning Centre & Resource Hub for Peer Supporters & Organizations**

Support House's Centre for Innovation in Peer Support's full programming is offered through our Virtual Learning Centre & Resource Hub which supports the most current, best practices in Peer Support.

Through our Virtual Learning Centre, we offer trainings, consultation, our Peer Professional Development Webinar Series, and provincial communities of practice. Our Resource Hub is home to our educational toolkits, documents and videos. These offerings support the practice and implementation of Peer Support within Ontario.

#### **Products on our Resource Hub:**

- ***Guiding Standards of Peer Support*** (from Mental Health Commission of Canada, Peer Support Canada & Centre for Innovation in Peer Support)
- ***Empathetic Communication Toolkit***
- ***Stages of Peer Support Relationships***

**[CLICK HERE TO VISIT OUR VIRTUAL LEARNING CENTRE & RESOURCE HUB](#)**

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